

HAVING A GOOD OR BAD AIR DAY?



**CHECK YOU HAVE THE CORRECT
AIR PRESSURE IN YOUR TYRES**



Checking your tyre pressures is quick and easy. Many tyre retailers and garages will be happy to do this for you FREE OF CHARGE, but if you'd rather do this yourself, you'll need to follow a few simple rules.

- Check your pressures when the tyres are cold, i.e. you've driven less than a couple of miles.
- Use an accurate and reliable pressure gauge.
- Check your pressures against the vehicle manufacturer's recommended settings for the load being carried. These can be found in the vehicle handbook, inside the fuel filler cap or on the driver's door sill.
- Check the pressure in all four tyres and don't forget the spare if your car has one.
- When checking the pressures, also give each tyre a visual inspection to ensure it is in good condition. Look out for any bulges, lumps or cuts and remove any stones from the tread. If something doesn't look right, have it inspected immediately by a tyre professional.
- Replace the valve caps after checking the tyre pressures.

THE BENEFITS OF CORRECT AIR PRESSURE

Your tyres last longer

If you drive with tyres which are underinflated by 20% they might only achieve 80% of their optimal life span, meaning you'll need to change them more regularly.

Your fuel goes further

When your tyres are underinflated by just 20% (around 6psi) 3% more fuel is used, adding unnecessary expense to your motoring bills.

Improved handling and braking

If your pressures are correct your vehicle will be easier to control, making you less likely to be involved in an incident.

You'll improve your safety and reduce the risks on the road

On average, 1100 casualties a year result from incidents where illegal, defective or underinflated tyres were a contributory factor.

CHECK YOUR TYRE PRESSURE AT LEAST ONCE A MONTH AND BEFORE ANY LONG JOURNEY.